

## Mallee Track Health and Community Service Supports Safer Care Victoria Delirium Research

Mallee Track Health and Community Service (MTHCS) is proud to be participating in the Safer Care Victoria Delirium Research Project; an important statewide initiative aimed at improving the recognition and management of delirium across Victorian hospitals.

The project focuses on aligning hospitals with consistent delirium protocols and promoting best practice care, ensuring patients receive timely, high-quality treatment regardless of where they are admitted. Delirium is a common and serious condition, particularly affecting older people, and can have significant impacts on recovery and overall health outcomes.

MTHCS Executive Director of Nursing and Midwifery Rosemary Cattanach said the project is especially relevant to the organisation given its strong focus on caring for older residents.

“Delirium generally affects older people, and as we predominantly provide residential aged care services, participating in this project is particularly important for us,” Rosemary said. “Being involved allows us to ensure our care aligns with best practice and state-wide standards.”

The Delirium Project at MTHCS is being led by Quality Champion Sheena Rowney and Nicole Magnisalis, Nurse Unit Manager of the MTHCS Ouyen Health Centre. As part of the project, MTHCS is working alongside Safer Care Victoria and other selected hospitals across the state to share learnings, data and improvement strategies.

Sheena Rowney will represent MTHCS at an upcoming Safer Care Victoria delirium catch-up meeting in Melbourne, where she will present the organisation’s delirium storyboard and share insights from local implementation.

The delirium project is one of three Safer Care Victoria initiatives MTHCS has participated in, alongside sepsis and IV line safety projects. The IV line project, now completed, focused on staff education around monitoring, preventing and managing IV line infections.

The sepsis project remains a critical area of focus for MTHCS, particularly given the hospital’s geographical isolation.

“We are around 100 kilometres from the nearest larger regional hospital,” Rosemary said. “With sepsis, every minute counts. People can become critically ill very quickly, so education and strong protocols are vital to ensuring the best possible outcomes for our patients.”

MTHCS recognises the value of participating in Safer Care Victoria projects, which support continuous improvement, collaboration and safer care for patients across the state.

“Our involvement in these projects reflects our commitment to providing high-quality, evidence-based care for our community,” Rosemary said.



Pictured above: Rosemary Cattanach, MTHCS Executive Director of Nursing and Midwifery

# Talk

February 2026

## Excitement Builds for Haeuslers' Strings and Sunset 2026

Excitement is building and there is a real buzz in the air as preparations get underway for the second Haeuslers' Strings and Sunset evening under the stars.

Following the success of last year's inaugural fundraising event hosted by the Foundation of Mallee Track, which was enjoyed by more than 120 guests, the 2026 event is shaping up to be even bigger and better.

Set against the breathtaking backdrop of the world-famous Lake Tyrrell, the evening will once again feature the enchanting sounds of the Mallee String Quartet, setting the tempo as the sun dips below the horizon. Guests, dressed in their finest, will enjoy a sumptuous three-course meal prepared by The Gourmet Chef.

Returning by popular demand and a standout highlight from last year, Five Star Plush Toilet Facilities will once again be on site with their iconic bus and infamous chaise lounge, adding a touch of luxury and fun to the evening.

Proudly supported by Haeuslers, CUB, and Andrew Peace Wines, Haeuslers' Strings and Sunset 2026 promises to be an unforgettable night of fine food, exceptional music and spectacular scenery — all in support of vital local health services.

Tickets are now on sale and selling fast!

Bookings can be made at:

<https://events.humanitix.com/haeusler-s-strings-and-sunset-2026>

Guests are encouraged to secure their tickets early to avoid missing out on this truly special event.

