

COMMUNITY UPDATE

September 8, 2022

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Changes to isolation times

From Friday, September 9 people who have tested positive for COVID-19 will only need to isolate for five days instead of seven days. However, there are exceptions to the new rule: if you are symptomatic or work in a high-risk setting such as aged care, you will still have to isolate for seven days.

Safely visiting aged care

A reminder people are welcome to visit residents in our aged care communities, however visitors must:

- have a negative result from a rapid antigen test (RAT) on the day of the visit, or a PCR test within 24 hours prior to the visit; and
- wear a mask during the visit.

Please phone us ahead of your planned visit so appropriate arrangements can be put in place.

Canon TD Martin Nursing Home (03) 5092 1111

Pattinson House Hostel (03) 5092 2559

Sea Lake (03) 5070 2155



Pictured above: MTHCS staff member Biren in the kitchen preparing fresh fruit and vegetables.

Enjoying fresh produce

Each week our kitchen takes delivery of a variety of beautiful fresh produce. The ready-to-eat fruit and vegetables are then put through a sanitisation process. After sanitising, fruit plates, soup and salad are prepared for residents and staff to enjoy, and also delivered to our childcare centres help the kids develop fresh and healthy eating habits.

District Nurses working across the Mallee

Did you know you can engage our highly skilled district nurses for one-off, short term or regular support? Whether you or your loved ones are recovering from a recent operation or illness, have recently left hospital or need specialised treatment, our district nursing team can help. Nurses provide a comprehensive range of nursing support to people, their carers and other support persons of all ages within a person's home or other agreed location. District Nurses are based in Ouyen and Sea Lake. Please call 50921111 for information.



Pictured above: Isla, who attends our Sea Lake Early Learning Centre, with her poster celebrating Early Childhood Educators Day.

Thanks to Early Years Educators

This year, Early Childhood Educators' Day (7 September) focused on the significant advantages children gain from attending quality early learning services and the important role that early childhood educators play in shaping young children's worlds. Our MTHCS Early Educators are fabulous and we want to thank each of them for the wonderful, caring way they help our children learn.



Pictured above: Sea Lake residents all contributed to creating this delightful spring garden (above). The garden is decorating a wall in the living room for all to enjoy.



Pictured above: Sea Lake residents eagerly watching a digger rip up an old worn out garden bed, while they enjoyed some long-awaited sunshine. Watch this space as plans are made to develop the area into a vegetable garden!

EMPLOYMENT OPPORTUNITIES

Endorsed Enrolled Nurses and Registered Nurses (Ouyen & Sea Lake)

MTHCS is currently recruiting Enrolled and Registered Nurses to join our team in Ouyen and Sea Lake. Using a problem solving approach in the delivery of nursing care, these nursing roles collaborate with all members of the multidisciplinary healthcare team to contribute to the delivery of quality care. If you are interested, talk to us today.

Ouyen Service Centre 5092-1111

Sea Lake Service Centre 5070-2155

Murrayville Service Centre 5092-1111

Underbool Service Centre 5092-1111

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Mallee Track Health and Community Service