

# COMMUNITY UPDATE

September 8, 2022

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## Changes to isolation times

From Friday, September 9 people who have tested positive for COVID-19 will only need to isolate for five days instead of seven days. However, there are exceptions to the new rule: if you are symptomatic or work in a high-risk setting such as aged care, you will still have to isolate for seven days.

## Safely visiting aged care

A reminder people are welcome to visit residents in our aged care communities, however visitors must:

- have a negative result from a rapid antigen test (RAT) on the day of the visit, or a PCR test within 24 hours prior to the visit; and
- wear a mask during the visit.

Please phone us ahead of your planned visit so appropriate arrangements can be put in place.

**Canon TD Martin Nursing Home (03) 5092 1111**

**Pattinson House Hostel (03) 5092 2559**

**Sea Lake (03) 5070 2155**



*Pictured above: MTHCS staff member Judy in the kitchen after washing fresh fruit and vegetables.*

## Enjoying fresh produce

Each week our kitchen takes delivery of a variety of beautiful fresh produce. The ready-to-eat fruit and vegetables are then put through a sanitisation process. After washing, fruit plates, soup and salad are prepared for residents and staff to enjoy, and also delivered to our childcare centres help the kids develop fresh and healthy eating habits.



*Pictured above: The Ouyen aged care community recently had a visit from entertainment duo "In the Mood", which treated residents to an afternoon of music, singing and dancing. Pictured above are entertainers Ailsa and Phil performing, while resident Glenda dances with nurse Sophie.*



*There's been a flurry of birthdays recently at our aged care community in Ouyen, with Olive celebrating her 102nd birthday, Irene celebrating her 95th, Laura her 90th and Doreen her 94th! Pictured above (clockwise from top left) is Olive with her celebratory fish'n'chips and cake; Irene cutting her cake; Doreen with her baby cupcake; and Laura blowing out her candles.*



## District Nurses working across the Mallee

District Nurse, Adriana (above left), visits Joyce (above right) weekly to provide health related support and catch up over a cuppa. Whether you or your loved ones are recovering from a recent operation or illness, have recently left hospital or need specialised treatment, you can engage our highly skilled district nurses for one-off, short term or regular support. Nurses provide a comprehensive range of nursing support to people, their carer's and other support persons of all ages within a person's home or other agreed location. District Nurses are based in Ouyen and Sea Lake but provide a regular service to Underbool and Murrayville on a needs basis. Please call 50921111 for information.

## Thanks to Early Years Educators

This year, Early Childhood Educators' Day (7 September) focused on the significant advantages children gain from attending quality early learning services and the important role that early childhood educators play in shaping young children's worlds. Our MTHCS Early Educators are fabulous and we want to thank each of them for the wonderful, caring way they help our children learn.

## EMPLOYMENT OPPORTUNITIES

### Endorsed Enrolled Nurses and Registered Nurses (Ouyen & Sea Lake)

MTHCS is currently recruiting Enrolled and Registered Nurses to join our team in Ouyen and Sea Lake. Using a problem solving approach in the delivery of nursing care, these nursing roles collaborate with all members of the multidisciplinary healthcare team to contribute to the delivery of quality care. If you are interested, talk to us today.

Ouyen Service Centre 5092-1111

Sea Lake Service Centre 5070-2155

Murrayville Service Centre 5092-1111

Underbool Service Centre 5092-1111

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