

COMMUNITY UPDATE

September 15, 2022

WWW.MTHCS.COM.AU



Safely visiting aged care

A reminder people are welcome to visit residents in our aged care communities, however visitors must:

- have a negative result from a rapid antigen test (RAT) on the day of the visit, or a PCR test within 24 hours prior to the visit; and
- wear a mask during the visit.

Please phone us ahead of your planned visit so appropriate arrangements can be put in place.

Canon TD Martin Nursing Home (03) 5092 1111
Pattinson House Hostel (03) 5092 2559
Sea Lake (03) 5070 2155



Pictured above: Pat Prater with the African doll she made and decorated. The dolls (top) have been major talking points as they are admired by many. There is also much excitement among our residents as these will be entered into the Swan Hill Show.



Pictured above: MTHCS staff member Kerri recently enjoyed a lovely chat with Sea Lake resident Yvonne, who was able to tell us some interesting facts about the history of our nursing home. The most significant being that Kaleesa Nursing Home got its name from rearranging the letters of Sea Lake. Did you know that?

Osteoarthritis help available

Did you know our MTHCS physiotherapist delivers an education and exercise program for people with hip and knee osteoarthritis symptoms? Get in touch to find out how this program may help you by phoning 5092 1111.

EMPLOYMENT OPPORTUNITIES

Endorsed Enrolled Nurses and Registered Nurses (Ouyen & Sea Lake)

MTHCS is currently recruiting Enrolled and Registered Nurses to join our team in Ouyen and Sea Lake. Using a problem solving approach in the delivery of nursing care, these nursing roles collaborate with all members of the multidisciplinary healthcare team to contribute to the delivery of quality care. If you are interested, talk to us today.

Ouyen Service Centre 5092-1111
Sea Lake Service Centre 5070-2155
Murrayville Service Centre 5092-1111
Underbool Service Centre 5092-1111

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Asking RUOK? across the Mallee

RUOK Day (8 September) is special at MTHCS because we care about each other and our communities. RUOK Day is as a good reminder to start the conversation and ask "RUOK?". By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. Throughout last week, we gave out special RUOK boxes of biscuits as a way of showing we care and reminding people to ask "RUOK?". In addition to this, \$15 from each box was donated to suicide prevention. You can find our more about RUOK Day at www.ruok.org.au



Pictured above: Recycling takes on a whole new meaning when you turn a well read book into an angel! Above (top left) Maureen and (top right) Yvonne with the beautiful angels they have made; and (above) three angels on display.

