

COMMUNITY UPDATE

June 30, 2022

WWW.MTHCS.COM.AU

Changes to COVID-19 rules

Recent changes to COVID-19 rules are now in place, which include:

- Face masks are no longer required in airports, but are still required in sensitive settings such as hospitals and care facilities.
- Positive cases must still isolate for seven days from the day of the positive test result, but may now leave home to drive a household member directly to or from school or work without leaving their vehicle.

There's more information available online at www.coronavirus.vic.gov.au



Pictured above: Some of the residents' artworks on display at our Sea Lake aged care community.

Call ahead when visiting our aged care communities

If you are planning to visit residents of our aged care communities, please phone us to organise your visit. Visitors are welcome, but we must keep everyone safe and that includes following room density requirements and other infection control measures, in line with our COVID-Safe plans. To arrange your visit, please phone:

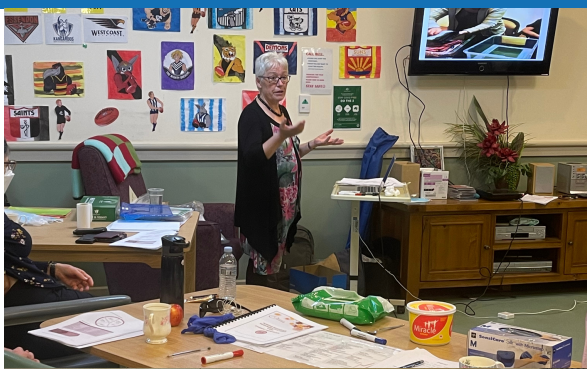
Sea Lake (03) 5070 2155

Pattinson House (Ouyen) (03) 5092 2559

Ouyen Nursing Home (03) 5092 1111



Pictured above: Sea Lake residents (in order from top) Myra, Jim and Lorna bravely enjoying a visit from Cruncha the python from Enviro EDU.



Pictured above: MTHCS Sea Lake staff members taking part in Montessori training.

Montessori at MTHCS

In an exciting step forward for MTHCS, the first part of our Montessori model of care training is now complete and we are looking forward to putting our learnings into action!

In a Montessori Care Community people are supported to be as independent as possible and to make their own choices in an environment of respect and dignity. We are introducing the Montessori model of care to our residential aged care communities, social support groups and other community services. This approach will help improve the fabulous care we already offer by focusing more on individual strengths and meaningful engagement. In recent weeks, MTHCS staff members have undertaken foundational training in the Montessori approach and learnt how to apply this model of care. Staff members have been overwhelmingly positive about the training and we are also grateful for the support we have received from residents and their families. To begin with, we will be focusing on preparing our residential aged care environments in a way that supports memory loss by including signs and memory prompts, as well as a range of meaningful activities, based on a person's life story. Activities may include gardening, arranging flowers, pouring drinks, folding linen or matching objects to pictures. The focus will be on finding activities that are meaningful to the person, and giving them opportunity to enjoy an enriched life.

Employment opportunities

Registered Nurses and Enrolled Nurses (full time and part time positions available):

- Supportive and friendly workplace
- Flexible work arrangements
- Competitive employee benefits

Speak to us today to find out more or visit www.mthcs.vic.gov.au/employment



Ouyen Service Centre 5092-1111

Sea Lake Service Centre 5070-2155

Murrayville Service Centre 5092-1111

Underbool Service Centre 5092-1111

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