

# COMMUNITY UPDATE

June 30, 2022

[WWW.MTHCS.COM.AU](http://WWW.MTHCS.COM.AU)

## Changes to COVID-19 rules

Recent changes to COVID-19 rules are now in place, which include:

- Face masks are no longer required in airports, but are still required in sensitive settings such as hospitals and care facilities.
- Positive cases must still isolate for seven days from the day of the positive test result, but may now leave home to drive a household member directly to or from school or work without leaving their vehicle.

There's more information available online at [www.coronavirus.vic.gov.au](http://www.coronavirus.vic.gov.au)



*Pictured above: MTHCS volunteer Pete McCarthy with Ouyen nursing home resident, Joe.*

## Call ahead when visiting our aged care communities

If you are planning to visit residents of our aged care communities, please phone us to organise your visit. Visitors are welcome, but we must keep everyone safe and that includes following room density requirements and other infection control measures, in line with our COVID-Safe plans. To arrange your visit, please phone:

**Pattinson House (03) 5092 2559**

**Ouyen Nursing Home (03) 5092 1111**

**Sea Lake (03) 5070 2155**



*Pictured above: The low-maintenance birds now in residence in the garden at the Ouyen nursing home; and some of the beautiful plants also on show in the Ouyen nursing home garden.*

## Underbool community feedback

Thanks to everyone who attended our morning tea in Underbool on 20 June to talk about MTHCS and how to improve the services we provide. It was a great discussion and we are now working on a number of ideas raised during the session, including developing a brochure to give people information about the services MTHCS provides in Underbool, using the Underbool community facebook page to promote events, and recruiting and training new volunteers. Thanks again for your feedback!



*Pictured above: An intergenerational music session was recently held in Underbool involving local kindergarten students, Underbool Primary School students and community members. Kindergarten teacher Bree O'Shannessy utilised School Readiness Funding to get Catherine Threlfell from Sunraysia Arts and Learning to run the music session, which everyone loved. Aboriginal songs were sung, ukeleles played, and some epic dance moves - the floss and the twist - brought back great memories for the parents and grandparents. It was a fantastic morning, followed by morning tea afterwards.*

## Montessori at MTHCS

In an exciting step forward for MTHCS, the first part of our Montessori model of care training is now complete and we are looking forward to putting our learnings into action!

In a Montessori Care Community people are supported to be as independent as possible and to make their own choices in an environment of respect and dignity. We are introducing the Montessori model of care to our residential aged care communities, social support groups and other community services. This approach will help improve the fabulous care we already offer by focusing more on individual strengths and meaningful engagement. In recent weeks, MTHCS staff members have undertaken foundational training in the Montessori approach and learnt how to apply this model of care. Staff members have been overwhelmingly positive about the training and we are also grateful for the support we have received from residents and their families. To begin with, we will be focusing on preparing our residential aged care environments in a way that supports memory loss by including signs and memory prompts, as well as a range of meaningful activities, based on a person's life story. Activities may include gardening, arranging flowers, pouring drinks, folding linen or matching objects to pictures. The focus will be on finding activities that are meaningful to the person, and giving them opportunity to enjoy an enriched life.

## Employment opportunities

**Registered Nurses and Enrolled Nurses (full time and part time positions available):**

- Supportive and friendly workplace
- Flexible work arrangements
- Competitive employee benefits

**Speak to us today to find out more or visit [www.mthcs.vic.gov.au/employment](http://www.mthcs.vic.gov.au/employment)**



**Ouyen Service Centre 5092-1111**  
**Sea Lake Service Centre 5070-2155**  
**Murrayville Service Centre 5092-1111**  
**Underbool Service Centre 5092-1111**

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