

COMMUNITY UPDATE

June 16, 2022

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Staying healthy during winter

As winter is here it is important we keep doing the things that keep us all safe such as:

- Making sure you are up to date with your COVID-19 vaccines and that you get vaccinated against influenza (flu);
- Using hand sanitiser and/or washing your hands regularly;
- Wearing a face mask when required and when you can't physically distance;
- Improving ventilation by opening doors and windows (when possible), using fans or purifiers and gathering outside where possible.

Getting vaccinated in the Mallee

COVID-19 vaccinations: COVID-19 remains a risk, which means it is still important to be vaccinated against this highly infectious virus. COVID-19 vaccines for adults and children are available at our medical clinics. Please phone your local clinic to make an appointment.

Flu vaccinations: Free influenza vaccines are available during the month of June to people over six months of age. Please phone your local medical clinic to make an appointment.

Ouyen Medical Clinic: (03) 5092 1168

Sea Lake Medical Clinic: (03) 5070 2118



Pictured above: The Northern Mallee Integrated Partnership met at MTHCS in Ouyen recently, with representatives from MTHCS, Mildura Base Public Hospital (MBPH) and Robinvale District Health Services (RDHS) discussing the progression of shared priorities. Pictured (L-R) is Steve Fumberger (MTHCS Board member), Mary Rydberg (MBPH Board Chair), Terry Welch (MBPH CEO), Lois O'Callaghan (MTHCS CEO) and Denise Parry (RDHS Acting CEO).

Creating great outdoor spaces

Take a look at the latest creation by some of our amazing volunteers. The photo on the left is "before" our volunteer Ron worked his magic on a new outdoor space, while the photo on the right is the end result. It's all part of creating safe outdoor options for staff, residents and clients to enjoy. Ron put together some new furniture and the local volunteer group "Sew For Charity" made the colourful bunting for the area. We are planning to add some outdoor heating and an outdoor kitchen in the coming weeks. From everyone at MTHCS, thank you so much Ron and Sew For Charity!



Introducing the Montessori model of care at MTHCS

At MTHCS, we recognise everyone is an important part of our community, with their own values and strengths. That is why we are introducing the Montessori model of care to our residential aged care communities. This approach will help improve the fabulous care we already offer by focusing more on individual strengths and treating people with respect and dignity.

The goal of Montessori is to support people to be as independent as possible, able to make choices and who are treated with respect and dignity. Montessori enhances quality of life. The Montessori approach will be introduced slowly as we undertake training and apply what we learn. We are holding various information sessions for staff and residents' families, but if you have any queries, please speak to us.



Pictured above: Anne Kelley (Montessori Consulting) taking MTHCS staff through training sessions.

NEW OPPORTUNITY

**Certificate III in Individual Support
Ageing, Home & Community**

- ✔ **work ready in just six months**
- ✔ **nationally recognised qualifications**
- ✔ **on-the-job training**

Visit www.mthcs.vic.gov.au/employment for further information or phone 5092-1111 and ask to speak to the People and Culture department.



Employment opportunities

**Registered Nurses and Enrolled Nurses
(full time and part time positions available):**

We are currently looking for motivated Registered Nurses and Enrolled Nurses to join the supportive and friendly team at MTHCS in Ouyen. Be part of our amazing multidisciplinary healthcare team and you will be contributing the delivery of quality care in our community. Talk to us today about our flexible opportunities and competitive employee benefits.

Visit www.mthcs.vic.gov.au/employment for more information.

Ouyen Service Centre 5092-1111
Sea Lake Service Centre 5070-2155
Murrayville Service Centre 5092-1111
Underbool Service Centre 5092-1111

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