

COMMUNITY UPDATE

July 7, 2022

WWW.MTHCS.COM.AU

Concern over new COVID-19 infections in Victoria

Health authorities are warning COVID-19 infections could rise significantly over coming weeks as the Omicron BA.4/BA.5 strain spreads through the community. The Department of Health anticipates the prevalence of BA.4/BA.5 in Victoria is likely to result in an increase in cases - including reinfections - and hospital admissions and deaths. This is because the strain has a greater ability than the previous BA.2 strain to evade immunity provided by vaccination and earlier COVID-19 infection. Stay up to date with the latest information at www.coronavirus.vic.gov.au

Staying COVID-safe and well this winter

MTHCS is encouraging everyone to look after their health as the winter cold hits the region. To protect yourself and your loved ones, please remember to:

- **Remain up to date with your COVID-19 vaccines.** COVID-19 vaccines (including booster shots) are available through our medical clinics. Please phone to discuss your needs and make an appointment.
Sea Lake Medical Centre: (03) 5070 2118
- **Get your flu shot.** These are also available through our medical clinics, so please phone to make an appointment.
- **Stay home if you feel unwell.** This is a simple but effective way to help stop the spread of COVID-19, the flu and winter colds.
- **Wear a face mask** in shared indoor settings, if you can't physically distance or you are with those more vulnerable to COVID-19.
- **Improve ventilation** by opening doors and windows, using fans or purifiers, and gathering outside where possible.
- **Report your result** if you test positive on a rapid antigen test to ensure you have access to the right level of care if you need it. To report your result, call the Coronavirus Hotline 1800 675 398 or visit www.coronavirus.vic.gov.au
- **Call ahead** before visiting our aged care communities. To arrange your visit, please phone:

Sea Lake (03) 5070 2155

Thanking MTHCS staff members

At MTHCS, we know it's really important to show our appreciation for our staff members' hard work and dedication. As a way of doing this, we've recently offered each member of our team a \$15 food and coffee voucher to be used at a number of local businesses. Our staff members are fabulous and we thank them for showing up each day to care for our communities!



Pictured clockwise from top left: "In The Mood" performing; Ailsa and Lorna; Ailsa and Phil with Betty and Myra; residents watching the performance; Ailsa & Phil with Maureen and Ethel.

Sea Lake gets In The Mood

Sea Lake residents and PAG were entertained by duo "In The Mood", made up of Phil and Ailsa Page from Melbourne and more recently, also Sea Lake, where they have purchased a property. Ailsa's father was the Manager of the Commonwealth Bank Australia in Sea Lake many years ago and Ailsa has fond memories of her time in the country. This has drawn them to spend more time in the region and share their love of music. The residents loved the golden oldies and even joined in with the singing! Their show was thoroughly entertaining and we look forward to having them back again.

Employment opportunities

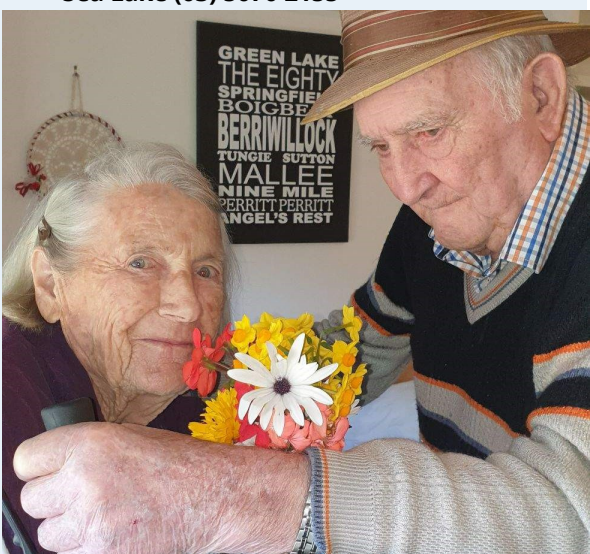
Quality, Safety and Risk System Manager

This new role will have overall responsibility for providing leadership, direction, coordination and management of quality, safety and risk systems and activities within MTHCS. Reporting to the CEO, the QSRSM will be directly involved in strengthening clinical and corporate governance, and achieving all accreditation standards and regulatory compliances. Applications for this role close Friday 8 July, 2022.

Registered Nurses and Enrolled Nurses (full time and part time positions available):

- Supportive and friendly workplace
- Flexible work arrangements
- Competitive employee benefits

Speak to us today to find out more or visit www.mthcs.vic.gov.au/employment



Pictured above: Love was in the air at MTHCS Sea Lake last week when Jim and Pat Prater celebrated 69 years of wedded bliss - a wonderful achievement! Jim had a lovely posy of flowers for his beloved Pat, confirming his wife's comment that he was "the best husband in the world". Congratulations Jim and Pat from everyone at MTHCS. We are honored to have been part of such a truly special celebration.



Ouyen Service Centre 5092-1111
Sea Lake Service Centre 5070-2155
Murrayville Service Centre 5092-1111
Underbool Service Centre 5092-1111

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