

# COMMUNITY UPDATE

August 25, 2022

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## Free face masks now available

Free face masks will be handed out to Victorians over coming weeks, as part of state-wide efforts to encourage people to continue testing for COVID-19 and to wear face masks. Every person who comes to MTHCS for either a RAT or PCR test will receive will face masks along with instructions on how best to wear them to reduce transmission of COVID-19 and other viruses. Remember, mask wearing is strongly recommended if you are indoors in a public space or outside in a crowded place where you can't physically distance. People who are at risk of severe COVID illness are encouraged to wear a mask whenever in public. You can find out more information about different types of masks available and how to use them at [www.coronavirus.vic.gov.au/face-masks](http://www.coronavirus.vic.gov.au/face-masks)

## Fourth dose of COVID-19 vaccine

To receive the best protection against serious illness or death from COVID-19, you should stay up to date with all vaccinations recommended for your age or individual health needs. Boosters are important to maintain this protection. The fourth COVID-19 vaccination is now available through our medical clinics.

Eligible people can receive their winter dose 3 months after receiving their third dose or after having COVID-19 if infection has occurred since the person's third dose.

**Ouyen Medical Clinic (03) 5092 1168**

**Sea Lake Medical Clinic (03) 5070 2118**

## In the spirit of R U OK? Day

MTHCS through the Neighbourhood Houses are offering the following activities

### TUESDAY SEPTEMBER 6

Ouyen and Murrayville  
Men's Shed BBQ

### WEDNESDAY SEPTEMBER 7

Murrayville  
Community Walk 9am  
Morning Tea and Pamper session 10am  
One Billion Stars Paper Craft 1pm

### THURSDAY SEPTEMBER 8

Ouyen  
Community Lake Walk 8am  
Neighbourhood House Morning Tea  
Activities and Guest speaker 10am

### FRIDAY SEPTEMBER 9

Sea Lake  
R U OK? Sports Day  
BBQ lunch provided

### Contact

Murrayville 0473 736 353

Sea Lake 0407 135 881

Ouyen 0448 734 699



Proudly supporting  
**RUOK?**

## Join our fabulous volunteers!

Would you like to join the team of Volunteer drivers at MTHCS? Our volunteer drivers play a vital role in supporting people in our community. As a volunteer driver you become a familiar, friendly face and a friend that shares stories. You are someone that can make a real difference in someone life. It only take a few hours. If you love to help others and would like to become a volunteer driver, we would love to hear from you. Please contact 50921111 and we will support you to become a volunteer.

## EMPLOYMENT OPPORTUNITIES

There's currently a range of exciting career opportunities at MTHCS. Find out more information on our website or phone 5092-1111 and ask to speak to the People and Culture department.

### Quality, Safety and Risk System Manager

You will have overall responsibility for providing leadership, direction, coordination and management of quality, safety and risk systems and activities within MTHCS. This position plays a key role in strengthening clinical and corporate governance and achieving all accreditation standards and regulatory compliances.

### People and Culture Wellbeing Officer

This role supports the People and Culture team to drive health and wellbeing initiatives within the workplace, including promoting the Gender Equality Act.

### Registered Nurse (Ouyen)

Be part of a multidisciplinary health care team providing leadership and support for staff, patients, residents and their families. In this role you will be responsible for providing quality day to day health care, supported by contemporary standards and evidence, to meet the needs of patients and consumers.

### Endorsed Enrolled Nurse (Ouyen)

Using a problem solving approach in the delivery of nursing care, this role collaborates with all members of the multidisciplinary healthcare team to contribute to the delivery of quality care.



Pictured above: MTHCS works in partnership with the Royal Flying Doctor Service and Robinvale District Health Service to provide local speech therapy services for children 0-12. Lucy (centre) is the Speech Pathologist who covers the MTHCS area. Working alongside Lucy, we have our MTHCS Allied Health Assistants Yve (left) and Deanna (right).

## Speech pathology services free to access in the Mallee

The Royal Flying Doctor Speech Therapy Program is free to access and services a number of towns across the Mallee including Ouyen, Sea Lake, Underbool, Murrayville, Robinvale, Tempy and Managatang. Appointments can be face to face or via telehealth, generally on a fortnightly or monthly basis with the Speech Pathologist and/or Allied Health Assistant. Referrals for children aged 0-12 years can be made by anyone (parents, educators, Maternal Child Health Nurses etc.). Although referrals are sent to a central point in Robinvale, please be assured that the Mallee towns listed above are serviced by a dedicated team which are based out of Mallee Track Health and Community Service 3 days per week. For more information on the RFDS Speech Therapy Program check out our website at [www.mthcs.com.au](http://www.mthcs.com.au)



**MTHCS**

Mallee Track Health  
and Community Service

Ouyen Service Centre 5092-1111

Sea Lake Service Centre 5070-2155

Murrayville Service Centre 5092-1111

Underbool Service Centre 5092-1111

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