COMMUNITY UPDATE

MARCH 9, 2023

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Pictured above: A wetlands walk was a great chance to see the local flora and fauna.

Having fun west of the border

Our Agile Angels group - one of our social support programs, or planned activity groups is a great way of building friendships and connections in our local community. Their most recent expedition took the angels over the South Australian border to Pinnaroo. The group was able to take a trip back in time with a visit to the museum, wander through the Pinnaroo wetlands and enjoy a pub lunch.



Pictured above: Pinnaroo's heritage museum provided a look into the past.



Pictured above: Agile Angels expeditions are always a highlight on the calendar.

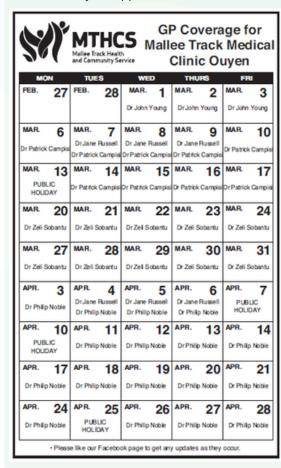
Virus spreads further

A Health Department survey of more than 800 people in northern Victoria has found the Japanese encephalitis virus has infected more people than first thought.

The survey found approximately 1 in 30 participants had evidence of having a prior Japanese encephalitis infection. This suggests many more people may have been infected than the number of ill or symptomatic cases reported – 13 – in last year's mosquito season. While vaccination against Japanese encephalitis is available, there are a number of mosquitoborne diseases known to be circulating in Victoria – such as Murray Valley encephalitis and West Nile (Kunjin) virus - for which no vaccine is available. That's why avoiding mosquito bites is the most important measure to protect against mosquito-borne diseases.

GP services available

A new GP clinic roster is now available for our Ouyen Clinic. Contact us today on (03) 5092 1168 to book your appointment.







For more information on what the job entails, please refer to our website https://www.mthcs.

Heat threat remains

Heat kills more people than any natural disaster. Please remember to check on those who are most at risk on hot days - your neighbour living alone, the elderly, and people with a medical condition. Extreme heat can affect anybody. It can cause illnesses such as heat cramps and heat exhaustion which can lead to the life-threatening condition, heatstroke. Heatstroke is fatal in up to 80 per cent of cases but it is preventable. Those most at risk are older people, young children and people with a medical condition.

Find out more at: betterhealth.vic.gov.au/heat





Ouyen Service Centre 5092-1111 Sea Lake Service Centre 5070-2155 Murrayville Service Centre 5092-1111 Underbool Service Centre 5092-1111

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