COMMUNITY UPDATE

May 26, 2022

WWW.MTHCS.COM.AU

We need your help!

On behalf of our fabulous team of healthcare professionals, please stay at home if you are COVID-19 positive. Complete your 7 days of isolation and do not attend appointments at MTHCS.

Attending an appointment while COVID-19 positive creates an exposure for the clinician, which could prevent (or limit) services for many other patients in our communities. To put it simply, we need your help to protect the health and safety of our workforce.

If you have COVID-19 and cannot attend an appointment, please phone us and we will be as flexible as we can to reschedule your appointment as soon as possible.

COVID-19 reminders

Getting a booster shot: If you have recently had COVID-19, please phone the medical clinic BEFORE you attend to have your booster shot. It's recommended you wait three months between having COVID-19 and having a booster, but this can change. Contacting the medical clinic will mean you get accurate and up to date information.

Report your RAT: If you test positive on a rapid antigen test, you are a COVID-19 case. You must report your positive rapid antigen test result as soon as you can. It's a simple online form, or you can call the Coronavirus Hotline on 1800 675 398. Isolate for 7 days: If you test positive to COVID-19, you need to isolate for seven days. Health guidelines don't recommend testing again during this time, but even if you do test and you get a negative result, you must still complete the seven days in isolation.

COVID-19 vaccines: Our medical clinics currently have good supplies of COVID-19 vaccines and booster shots, including vaccines for adults and children. Please book in if you need either. There is concern about the low uptake of COVID-19 vaccines for children across our region, so please consider getting your children vaccinated if eligible.

Remember up to date COVID-19 information is available online www.coronavirus.vic.gov.au







Pictured above: Nothing better on a cold winter's day than a hearty vegetable soup! Sea Lake residents are great helpers when it comes to preparing soup. Pictured below: Sea Lake resident Jim Prater enjoying an afternoon tea of French toast with strawberries and cream.



Thanking our volunteers

National Volunteers Week gave us a chance to thank those who take the time to volunteer with MTHCS. In Ouyen, we held our Volunteer Appreciation Event on Tuesday 17 May and treated our volunteers to a coffee from Spiilt Milk and a smoko pack from the Ouyen Bakery, followed by a film at the historical Roxy Theatre. The following day, our Volunteer Appreciation Event was held in Sea Lake, where our volunteers enjoyed the most beautiful roast chicken followed by pineapple surprise pudding with caramel sauce. Thank you to everyone who was part of these special events.













Pictured above: Some of our fabulous volunteers enjoying the Volunteer Appreciation Event in Sea Lake.

Employment opportunitiesQuality, Safety and Risk System Manager

This new role will have overall responsibility for providing leadership, direction, coordination and management of quality, safety and risk systems and activities within MTHCS. Reporting to the CEO, the QSRSM will be directly involved in strengthening clinical and corporate governance, and achieving all accreditation standards and regulatory compliances. Applications for this role close Friday 3 June, 2022

Certificate III in Individual Support - Ageing, Home & Community

Interested community members are encouraged to apply to complete Certificate III in Individual Support - Ageing, Home & Community - CHC33015 through our local Reach Out Rural Learning Hub. The course can be completed in six months, combining work, on the job training and structured learning. This entry level course is for people who may want to change careers, leave school, mature age or just want a career in health supporting older people at home or in a residential aged care setting. Places are available to complete this course, so if you are interested please apply or contact us directly to discuss further. The deadline for applications has been extended and now closes Friday 3 June, 2022.

Visit www.mthcs.vic.gov.au/employment for more information.



Ouyen Service Centre 5092-1111 Sea Lake Service Centre 5070-2155 Murrayville Service Centre 5092-1111 Underbool Service Centre 5092-1111

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