

COMMUNITY UPDATE

November 2, 2021

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We're here for you

As a multipurpose health service, MTHCS is operating under COVID-peak restrictions, which means we still aren't able to reopen some of our programs. But we are still here for you and staff have become very creative at delivering services via phone call, text or Zoom (what we now know as Telehealth).

For more information on podiatry, tai chi, physiotherapy, exercise groups, carer support, community transport and social support activities, please call us on 5092-1111 and tell us what you need.

What is a COVID-peak?

This is a risk rating issued by the Victorian Department of Health. It means visitor restrictions still apply and some of our community services are also still restricted.

Visitors to aged care

It's so exciting to again be able to have visitors to aged care. We are still encouraging outdoor visits where possible because this is safest. Please phone ahead to arrange visits and please remember to be kind – our staff will do all they can to accommodate your needs.

Keep doing what works

We have high vaccination rates in our communities and it's important not to panic if/when we get positive COVID-19 cases.

Please keep doing what you know works – get your COVID-19 vaccination if you haven't already, wear a face mask, regularly use hand sanitiser, keep social distancing, and check-in using the QR code at every place you visit.

Welcome Lynda

Lynda Winslow was recently welcomed to the social support team. Her role as a leisure and lifestyle worker will help develop and support social interaction and independent living for eligible clients along the Mallee Track.

Lynda may be familiar to many. She recently left her position at NAB after 15 years for a career change. A lover of gardening, cooking and crafts, Lynda lives in Underbool with her husband and has three grown up daughters, three grandchildren, and one on the way.

Managing stress

Underbool farmer Scott has many years of experience with the massive workload and stress of harvest. He finds winding down with a cold drink and talking to family, friends and other community members helps to manage his mental stress.

Taking care of your mental and physical health is one of the actions that helps build resilience and improves health outcomes.



Above: Underbool farmer Scott says talking to family and friends helps him manage the mental stresses that can increase rapidly over harvest.



Above: New leisure and lifestyle worker Lynda Winslow will be based in Ouyen, working Tuesday, Wednesday and Thursday.

Employment opportunities

MTHCS has a number of non-gender specific roles available. At MTHCS we define our expectations and are accountable for our actions.

Payroll Officer (12-month maternity leave - Ouyen)

The Payroll Officer is required to provide accurate and timely processing of organisations' payroll as well as assisting with planning, organisation and co-ordination of organisations' payroll and HR functions. We are searching for someone who has an excellent eye for detail.

Food & Domestic Services Assistant (Casual - Ouyen)

We are seeking enthusiastic, approachable and well-organised individuals who would like to join our Hotel Services team. Duties will include (but are not limited to) menu collation, food preparation and cleaning.

Children's Services Educators

We are seeking enthusiastic, self-motivated individuals who would like to join our Mallee Minors Childcare team at Ouyen or Sea Lake, with the flexibility to work at other Early Years centres within the cluster. We are currently offering positions to applicants who are Certificate III and Diploma qualified, as well as the opportunity to complete traineeships. Full time/part time and casual positions are available.

Nurse Practitioner (Full time - Ouyen)

The NP is a Registered Nurse who is educated and endorsed to function autonomously and collaboratively in an advanced and extended role while meeting the clinical needs of the medical clinic.

Occupational Therapist (Full time maternity leave - Ouyen)

The OT determines individual capabilities and applies professional expertise to maximise independence and quality of life outcomes for clients.

Endorsed Enrolled Nurse (0.6 EFT Ouyen)

MTHCS is looking for an Enrolled Nurse with passion, energy and enthusiasm for aged care to join our dedicated team at our Ouyen campus.

MTHCS is an equal opportunity employer. Visit www.mthcs.vic.gov.au/employment for casual positions, position description or for further information about these exciting roles.

TO APPLY: provide your resume with cover letter to payroll@mthcs.vic.gov.au or People & Culture, PO Box 130, Ouyen 3490.